

General Applications

What do I use for what issues?

Mode uses for pain, *in general*-

Relax, Assess Relax, 60Hz: General Pain relief, especially children and elderly. Paint or dose. Three Pathways.

Blue Relax, 77Hz: Scar treatment. Paint or dose. Also, general pain relief. Soft tissue. Organs. Three Pathways.

AVA 90 Hz: Soft tissue, organs, detox, organ detox.

Acute, 121Hz: All forms of pain and inflammation- acute and chronic Pain, small muscles (lower arms, calves, hands, shin, foot).

Modulate: Designed for Maximum Pain reduction. Severe Trauma; Acute and chronic Pain; muscles, etc. Also use to release knotted/tight muscle tissue.

Modulate 1:1. Chronic pain and reduced range of motion. Arthritic Pain relief, especially at Point of Pain and joints.

Stimulate: Any chronic pain or tissue. Use to elevate energy level of tissue and lower pain. Necessary when trying to “dose” and “Z” occurs first. Apply to “spot” for 2 minutes then retry dose procedure. Also, may paint out “stickies” for chronic tissue. Also, used to punctuate certain therapies.

Deep Stim: Ideal for strained/ pulled muscles, immobilizing lower back pain. May be used to increase circulation when RSI or VASO not available. Generally, use pads or paint. Excellent for Sports related injuries.

Blue Stim: Most powerful STIM mode. Any Chronic condition. Increase circulation. Pain relief. May use in place of RSI or VASO. Generally use pads or paint.

Acute Trauma: High Pain levels from immediate or recent injury/trauma. Not modulated. Has double the pulses of Acute for increased pain relief response.

AVA 352.1, 350Hz: For Acute pain and **EMERGENCY** pain relief. Large muscles- thighs, upper shoulders. Use device directly on pain location. If not possible, use Y Probe. After pain level lowers, may switch to Blue Stim or Deep Stim for continued therapy with pads.

350Hz / 7.83: for difficult pain/ pain not fully responding to other protocols, alternate between 350 and 7.83 modes on AvazziaLife device or corresponding settings on Pro Sport.

RSI: Mode of choice for elevating tissue energy. Highly effective for improving diminished blood circulation, excessive chronic tissue degeneration, etc. First choice for neuropathy applications. Speeds up recovery and tissue restoration. VNS. *Excellent* mode for device PEMF use.

Vaso: Mode of choice for increasing perfusion/ blood flow. Highly regenerative. Use for any chronic degenerative disease caused by vascular issues.

7.83 Harmonics: Used for calming tissue. Very effective in improving sleep; VNS

15Hz - Muscle; HBP; Trauma states; capillaries; lymph; ligaments; tendons; VNS.

30Hz- Gamma, muscles, general mind and mental function, wellbeing and clarity; VNS

Solfeggio: Very popular high speed pain relief mode.

Notes:

